

# Red

SEPTEMBER 2015 £4.10

## FASHION'S NEW MOOD

70s ROMANCE  
SPARKLY SHOES FOR DAY  
CASSIS IS THE NEW BLACK

### Finding happy

Inside the world  
of Yoga Girl  
Plus: done a  
'moan detox' yet?

### Red's talking about...

- Helen McCrory: all hail Mrs Damian Lewis
- Skye Gyngell: recipes from fashion's favourite foodie
- At home with Lisa Eldridge

HELENA  
CHRISTENSEN  
ON LOVE,  
CHOCOLATE  
& CHANGING  
THE WORLD

**Taboo**  
Choosing  
between  
my husband  
& another  
woman



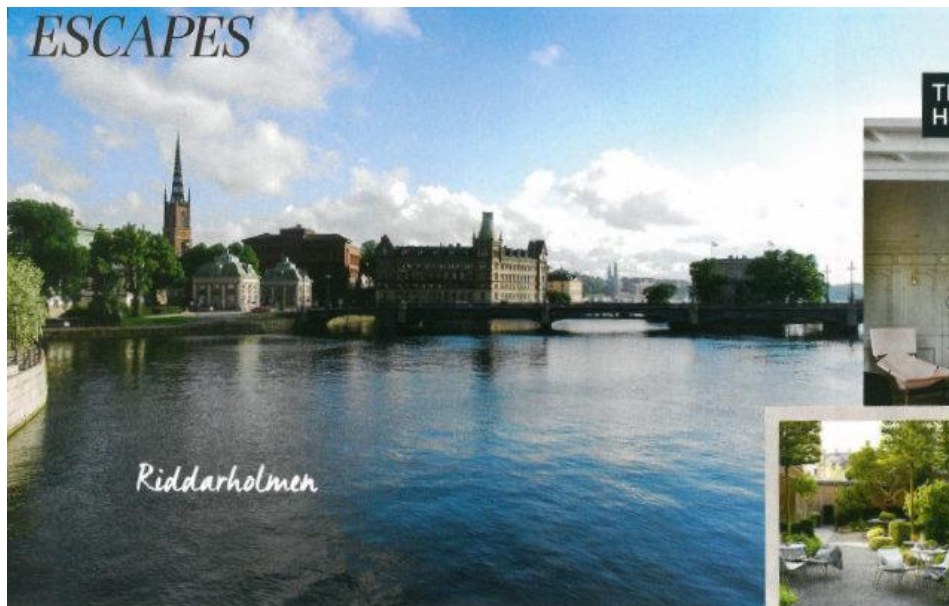
Be a better you

# BEAUTY SPECIAL

THICKER, FULLER HAIR (AT HOME)  
FINALLY! PERFECT EYELINER  
ROSIE GREEN GETS PORE-DEEP  
WITH EVA MENDES

FASHION | SHOPPING | BEAUTY | FOOD | HOMES | TRAVEL | HEALTH

# ESCAPES



Riddarholmen

The stunning Ett Hem, and below



## SCANDI COOL IN STOCKHOLM



Feeling at home straightaway is not something you can often say about a luxury hotel, but with Ett Hem, you really do. Albeit

an incredible home with interiors by British design star (and founding editor of *ELLE Decoration*) Ilse Crawford.

The hotel – which translates as ‘a home’ – reinvents the concept of a luxury stay,



FROM TOP: Colourful Stockholm; perfect peonies at Ett Hem

and offers guests an experience that is quite unlike anywhere else. And rather wonderful. (No wonder the married A-list actors who were there during our stay had booked in with all their kids – it's that kind of place.)

Under Crawford's design eye, Ett Hem has ripped up the hotel rule book. Guests wander freely from bedroom to living room to kitchen, helping themselves to drinks from an honesty bar or a slice of freshly baked lemon cake. There is no sense of formality, none of a hotel's usual ordered way of doing things. You want breakfast on a sofa in the living

room? That's fine. Dinner in the kitchen as the chef cooks in front of you? Of course. Another glass of wine? Help yourself.

In fact, Ett Hem feels like a private club – all the service of a hotel, but none of the ‘them and us’ mentality of guests and staff. You feel like a friend of the family – albeit with a not-insignificant bill at the end of your stay (helping yourself to a few glasses of wine is not cheap...).

Crawford's vision is integral to making this former family house one of Europe's hippest hotels. Her impeccable mix of vintage, modern and bespoke is so liveable and so covetable, it's hard to imagine wanting rooms to look any other way.

The 12 bedrooms come with sludgy grey walls, sparkling chandeliers, custom-made furniture and vintage chairs slung with cosy sheepskins. Vases of wild flowers and elegant accessories designed by Crawford for Georg Jensen complete the look.

Downstairs, huge velvet sofas, piles of design books, candles and more flowers create a mood of utter relaxation. And sitting in the kitchen at the scrubbed wooden table, as the chef presents dish after dish of cleanly delicious Scandi food (there's no menu, of course), you don't want to be anywhere else.

Ett Hem is not in the centre of town, and that adds to its charm. It's a lovely stroll through parks and smart residential streets to the more touristy areas – and then you get to return home to Ett Hem's low-key elegance. Your home from home – if only. **SASKA GRAVILLE**

**What to pack**

**Metal and cubic zirconia earrings**  
£19, Pandora

**Wool jumper**  
£16, Matalan

**Faux-leather trainers**  
£34.95, Gap

### TRIP NOTES

Ett Hem, double rooms from around £315 per night, b&b; [etthem.se](http://etthem.se). SAS flies from London Heathrow to Stockholm; [flysas.com/en/uk](http://flysas.com/en/uk)

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